



MENU CYCLE WEEK ONE

WINTER TERM
Oct to Feb
2022/23



	Vegetarian MONDAY	Around the World TUESDAY	Roast WEDNESDAY	Classic THURSDAY	Treat FRIDAY
MAIN COURSE	Pasta in Tomato Sauce	Cottage Pie	Sliced Roast Gammon with Gravy	All Day Breakfast Sausage & Scrambled Egg	Salmon Fishcake
VEGETARIAN	Quorn Bolognese	Cheese & Potato Pie	Quorn Fillet	All Day Breakfast Veggie Sausage & Egg	Cheese & Tomato Pizza
STARCHY FOOD	Garlic Bread	Mashed Potato Topper	Roast Potatoes/ Yorkshire Pudding	Hash Browns	Chips
VEGETABLE	Sweetcorn	Peas	Carrots Broccoli	Baked Beans	Baked Beans or Coleslaw
DESSERT	Ice Cream	Shortbread	Cream Buns	Chef's choice with Custard	Pudding Selection
SANDWICHES	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna



Food Allergies and Intolerance
If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.



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Severndale
Specialist Academy

	Vegetarian MONDAY	Around the World TUESDAY	Roast WEDNESDAY	Classic THURSDAY	Treat FRIDAY
MAIN COURSE	Vegetable Burger	Pasta Bolognaise	Roast Chicken With Gravy	Sausage with Gravy	Salmon Fishcake
VEGETARIAN	Cheese & Onion Roll	Vegetable Pasta Bake	Quorn Fillet	Quorn Sausage with Gravy	Cheese & Tomato Pizza
STARCHY FOOD	Saute Potatoes	Garlic Bread	Roast Potatoes/ Yorkshire Pudding	Mashed Potato	Chips
VEGETABLE	Peas or Baked Beans	Sweetcorn	Carrots Green Beans	Broccoli	Baked Beans Coleslaw
DESSERT	Mousse	Fruit Flapjack	Ice Cream	Apple Crumble & Custard	Pudding Selection
SANDWICHES	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna



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MENU CYCLE WEEK THREE

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Severdale
Specialist Academy

	Vegetarian MONDAY	Around the World TUESDAY	Theme Day WEDNESDAY	Classic THURSDAY	Treat FRIDAY
MAIN COURSE	Macaroni Cheese	Minced Beef & Onion Hotpot		Roast Beef with Gravy	Salmon Fish Cakes
VEGETARIAN	Tomato & Vegetable Pasta	Lentil & Onion Hotpot		Quorn Fillet with Gravy	Cheese & Tomato Pizza
STARCHY FOOD	Garlic Bread	Sliced Potatoes	Theme Day, Look Out for the Weeks Theme Menu	Roast Potatoes/ Yorkshire Pudding	Chips
VEGETABLE	Sweetcorn	Peas		Carrots Broccoli	Baked Beans Coleslaw
DESSERT	Iced Bun	Cornflake Cake	Rice Pudding	Chocolate Crunch	Mousse
SANDWICHES	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna

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